

Checklist for Kindergarten Readiness

Physical and Motor Development

Grip a pencil, crayon, and scissors
Use scissors, glue, and paint
Trace a line or a simple shape
Tie shoes
Bounce and kick a ball
Stand on one foot
Throw and catch a medium – sized ball
Dress oneself (coat, zippers, buttons and snaps)
Put shoes on and off
Climb stairs with alternating feet
Have a dominant hand and foot

Social and Emotional Development

Share and take turns with others
Play independently for 15 minutes
Manage own bathroom needs
Wash and dry hands
Follow one-step and two-step directions
Follow rules and accept consequences
Separate from parents for a few hours without emotional trauma

Approaches to Learning

Sit still and pay attention for a short period of time
Show interest in books and reading
Listen to an age-appropriate story without interrupting
Make simple choices
Finish a task before starting another
Ask questions about things around them
Understand the differences between real and make believe
Speak comfortable with other children and adults
Show respect to others

Cognitive Development

Count to 10
Know basic colors (red, blue, yellow, and green, orange, black)
Understand basic concepts of time (morning, afternoon, and evening)
Identify missing parts in pictures



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Language Development

Identify some letters of the alphabet
Know some letters sounds
Write first name with uppercase and lowercase letters
Speak in complete sentences
Speak in manner adults can understand
Wait turn to speak
Recite full name, address, telephone number, and birthday
Recognize printed name by sight
Retell a simple story

Office Requirements for Kindergarten

Make an appointment with your child's doctor
Make sure their immunizations are up to date and submit to school
Visit the dentist
Locate your child's birth certificate and submit to school
Locate baptismal certificate and submit to school

Understanding our Faith

Kneel and bless themselves
Say prayers such as the Our Father and Hail Mary
Sit quietly in church